



HMF Probiotics

HUMAN MICROFLORA (HMF) PROBIOTICS COMPARISON CHART

HMF Probiotic isolates are non-pathogenic and the species are indigenous to the target host. Prolonged stability and shelf life are due to improved fermentation and preservation of freeze-dried microorganisms. HMF Probiotics are resistant to stomach acidity and bile acids when taken with food and contain human-sourced *Lactobacilli* and *Bifidobacteria*. HMF Probiotics have the exceptional ability to attach to the intestinal epithelial cells. HMF Probiotics are clinically-proven in human trials and are laboratory-tested to confirm potency and purity.

PRODUCT	PRIMARY INDICATIONS	TOTAL CFU PER SERVING	STRAINS	OTHER ACTIVE INGREDIENTS	FOS	RECOMMENDED DOSE
CAPSULES						
HMF Capsules	Low-level maintenance	4 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i>		No	Adults and Children (4 years and older): Take two capsules two times daily with meals, or as recommended by your health care practitioner.
HMF Forte	Moderate-level maintenance	8 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i>		Yes	Adults and Children (4 years and older): Take one capsule two times daily with meals, or as recommended by your health care practitioner.
HMF Intensive	1) Probiotic to contribute to a natural healthy gut flora 2) Intensive probiotic formula; Post antibiotic re-colonization; Help prevent <i>c. difficile</i> – associated diarrhea; symptoms of IBS	1) 24 billion 2) 48 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i>		No	1) Adults: Take one capsule daily with a meal, or as recommended by your health care practitioner. 2) Adults: Take two capsules daily with meals, or as recommended by your health care practitioner.
POWDERS						
HMF Natogen	Probiotic to contribute to a natural healthy gut flora	3 billion	<i>L. acidophilus</i> <i>L. paracasei</i> <i>B. animalis</i> subsp. <i>lactis</i>		No	Children (1-4 years): Take one level scoop of HMF Natogen daily with a meal, or as recommended by your health care practitioner.
HMF Powder	Moderate-level maintenance	9 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i>		Yes	Adults and Children (1 year and older): In a glass, add water to one scoop (¼ teaspoon) of HMF Powder and mix. Take two times daily with meals, or as recommended by your health care practitioner.
HMF Super Powder	Moderate-level maintenance	8 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i>		Yes	Adults and Children (1 year and older): In a glass, add water to one scoop (¼ teaspoon) of HMF Super Powder and mix. Take two times daily with meals, or as recommended by your health care practitioner.
HMF Replete	Intensive probiotic formula; Post-antibiotic colonization; Help prevent <i>c. difficile</i> – associated diarrhea; symptoms of IBS	65 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i> <i>L. salivarius</i>		Yes	Adults: In a glass, add water to ½ sachet of HMF Replete and mix. Take once daily with a meal, or as recommended by your health care practitioner.
SPECIALTY						
HMF Cystgen	Helps to prevent recurrent urinary tract infections (UTIs). Probiotic to contribute to a natural healthy gut flora	8 billion	<i>L. acidophilus</i>	Potassium, Vitamin C, Citric Acid, Cranberry Berry Extract	No	Adults: Add 8 ounces (250 ml) of water to one sachet of HMF Cystgen and mix. Take three times daily with meals, or as recommended by your health care practitioner.
HMF Pre + Probiotic	Probiotic and prebiotic to promote a natural healthy gut flora	1 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i>	Psyllium Husk	Yes	Adults: Empty contents into a glass and add 8 oz. of water. Take one level scoop twice daily with meals, or as recommended by your health care practitioner.
HMF Neuro Capsules	Exorphin degrading capacity in intestinally- simulated conditions	8 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i> <i>L. rhamnosus</i>	L-Glutamine	No	Adults: Take one capsule two times daily with meals, or as recommended by your health care practitioner.
HMF Neuro Powder	Exorphin degrading capacity in intestinally- simulated conditions	8 billion	<i>L. acidophilus</i> <i>B. bifidum</i> <i>B. animalis</i> subsp. <i>lactis</i> <i>L. rhamnosus</i>	L-Glutamine	Yes	Adults: In a glass, add water to ¼ teaspoon of HMF Neuro Powder and mix. Take two times daily with meals, or as recommended by your health care practitioner.

This information is for practitioner use only and is not meant to diagnose, treat, cure, prevent any disease or replace traditional treatment, and has not been evaluated by the FDA.

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