

PURCHASE ALL THE COLD AND FLU SPECIFIC SUPPORT PRODUCTS AT
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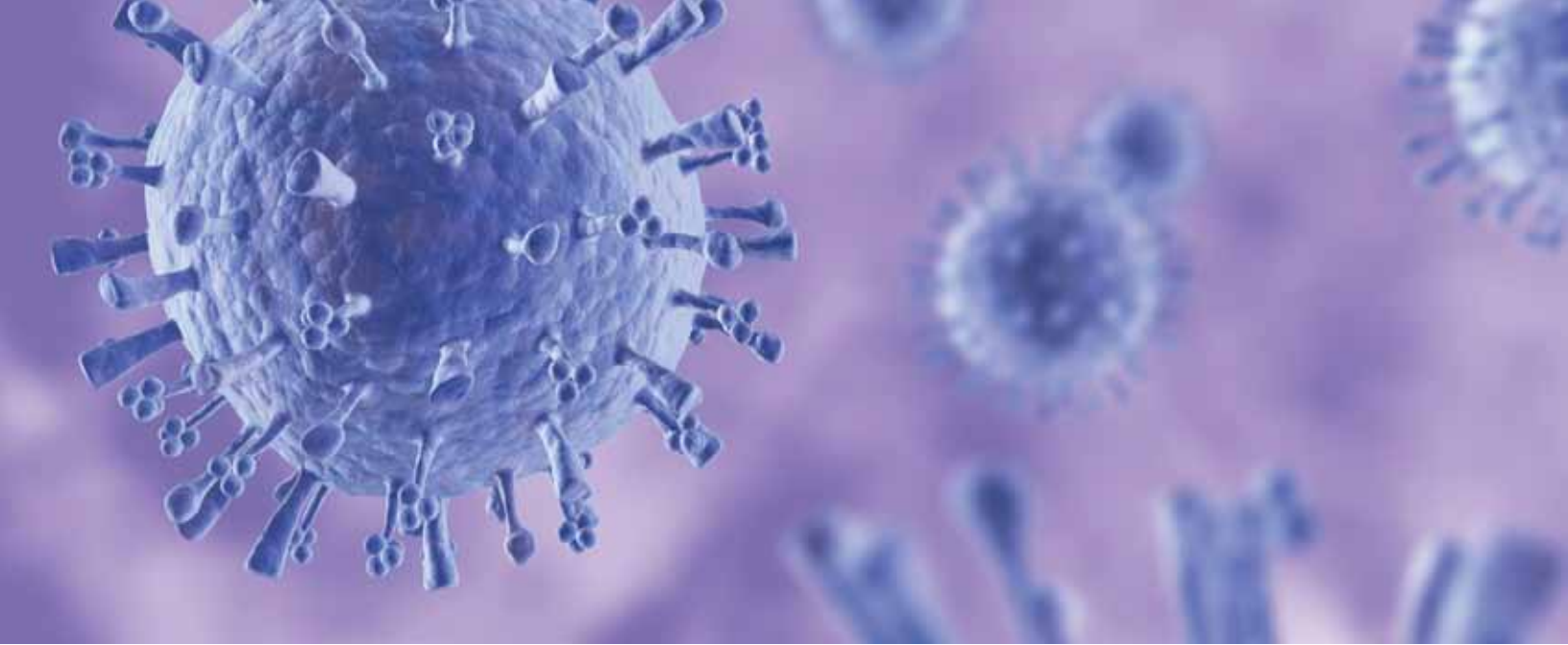
Seroyal

Cold & Flu-Specific Nutrition & Holistic Support

REINFORCE THE BODY'S NATURAL DEFENSES



- ✓ Preventative
- ✓ Therapeutic
- ✓ Clinically-proven



Be prepared for cold & flu

Cold and flu season is upon us. In Canada, the flu causes 20,000 hospitalizations and 4,000 deaths each year¹ – seniors, young children, and people with certain existing health conditions, being at higher risk. Every year in the United States, an average of 5-20% of the population gets flu, more than 200,000 people are hospitalized from flu complications, and about 36,000 people die from flu-related causes.²

Viral infections take hold when immune resistance is low due to fatigue, nutritional deficiencies, or stress. These infections can be easily spread through casual encounters and even with good hygiene habits are difficult to avoid. Practitioners acknowledge that preventative programs should be started well in advance of the fall season and advise patients to have a few key natural 'recovery aids' in case an infection strikes.

Help patients strengthen and support their immune system. Seroyal is a natural pharmaceutical company, dedicated for over 25 years to assisting healthcare practitioners restore, rebuild and maintain patient health. With a large selection of nutritional, herbal and homeopathic products, Seroyal's GENESTRA BRANDS™ and UNDA product lines are your key source for cold and flu support.

The aim of this comprehensive product guide is to assist in building more effective and successful patient treatment strategies. The product guide is to be used as an adjunct to Seroyal Continuing Education and is not intended to be utilized as a diagnostic tool nor replace any other required education. The remedies indicated in this product guide are potent medicines that can have profound therapeutic effects on patients. As with any intervention, the dosage may need to be adjusted for those with chronic conditions, very sensitive individuals and those taking multiple medications. Practitioners are solely responsible for the care and treatment provided to their own patients. The information provided by the speaker or speakers in the Seroyal Continuing Education program together with any written material provided do not necessarily represent the views of Seroyal and are not intended as medical advice or an endorsement of any products. This information is for practitioner use only and is not meant to diagnose, treat, cure, prevent any disease or replace traditional treatment, and has not been evaluated by Health Canada. Copyright © 2010 Seroyal. All rights reserved. No part of this information may be used or reproduced in any form or by any means, or stored in a database or retrieval system, or be distributed or replicated without express permission of Seroyal. Making copies of any part of this information for any purposes other than your own personal use is a violation of copyright law.

Proven flu prevention and treatment

With over 300 nutritional, herbal and homeopathic products, GENESTRA BRANDS™ products are formulated for optimal bioavailability and efficacy. GENESTRA BRANDS™ D-Mulsion 400 and D-Mulsion 1000 are emulsified using the unique WisdOM-3 process which minimizes bile dependency, making it highly available for absorption. Recent studies suggest vitamin D may reduce the incidence of influenza or respiratory tract infections.^{3,4,5} Vitamin D is a factor in the maintenance of good health.

UNDA, established over a half century ago in Belgium, is renowned for manufacturing exceptional homeopathic products. Muco coccinum is formulated to stimulate the body's own defenses in order to combat influenza.



D-Mulsion 400 & D-Mulsion 1000

- ✓ **Emulsified**
 - WisdOM-3 process enhances absorption
- ✓ **Easy-to-use**
 - Can be dropped directly in the mouth or mixed in drinks
- ✓ **Dosage variety**
 - Providing activated Vitamin D₃ in a liquid form – 400IU and 1000IU per drop
- ✓ **Citrus-flavoured**
 - Great taste for excellent patient compliance
- ✓ **Highest quality**
 - Uses lanolin as a precursor



Muco coccinum

- ✓ **Preventative and therapeutic formula**
 - Bacterial fractional lysate of K2 *Klebsiella pneumoniae*, *Branhamella catarrhalis* and *Micrococcus tetragenus*
 - Viral fraction *Influenzinum*
- ✓ **Over 1/2 million doses sold annually**
 - Easy to take. Melts under tongue
 - Neutral taste, without dyes or preservatives



D-Mulsion 400 & 1000

VITAMIN SUPPLEMENT



D-Mulsion is an emulsified form of vitamin D, using the unique WisDOM-3 process. This process minimizes bile dependency, making vitamin D highly available for absorption. In an easy-to-use dropper bottle, this great-tasting, natural citrus-flavoured vitamin D provides excellent patient compliance.

D-Mulsion 400

Each Drop (0.025 ml) Contains:

Vitamin D (cholecalciferol) 10 mcg / 400 IU

Non-Medicinal Ingredients: Purified water, maltodextrin, modified tapioca starch, extra virgin olive oil, lemon oil, microcrystalline cellulose, sodium carboxymethylcellulose, citric acid, potassium sorbate, stevia leaf powder, natural mixed tocopherols

Recommended Dose (All Ages): Take two drops once daily, or as recommended by your healthcare practitioner.

Risk Information: None known.

30 ml

D-Mulsion 1000

Each Drop (0.025 ml) Contains:

Vitamin D (cholecalciferol) 25 mcg / 1000 IU

Non-Medicinal Ingredients: Purified water, maltodextrin, modified tapioca starch, extra virgin olive oil, lemon oil, microcrystalline cellulose, sodium carboxymethylcellulose, citric acid, potassium sorbate, stevia leaf powder, natural mixed tocopherols

Recommended Dose (All Ages): Take one drop daily, or as recommended by your healthcare practitioner.

Risk Information: None known.

30 ml

Immuno-gen

HERBAL FORMULA



Immuno-gen is a blend of plant extracts that have been selected for their ability to support the immune system in defending the body against bacterial invasions, by strengthening the dermal⁶ and mucosal defense against infectious agents such as Streptococcal and Staphylococcal pathogens.

Each 10 Drops (0.5 ml) Contain:

Sea Buckthorn (*Hippophae rhamnoides*)
Bud Extract (1:20) 8.3 mg
English Walnut (*Juglans regia*) Bud Extract (1:20) 8.3 mg
Dog Rose (*Rosa canina*) Shoot Extract (1:20) 8.3 mg

Non-Medicinal Ingredients: Water, ethanol, glycerin

Recommended Adult Dose: Take 10 drops once daily, or as recommended by your healthcare practitioner.

Risk Information: None known.

15 ml

Scorbatate

VITAMIN-MINERAL SUPPLEMENT



Scorbatate provides a high concentration of vitamin C in a buffered mineral base formula. It also helps to maintain immune function.

Each ¼ Teaspoon (1.35 g) Contains:

Vitamin C (ascorbic acid/ calcium ascorbate) 1000 mg
Calcium (calcium carbonate/ ascorbate) 45 mg
Magnesium (magnesium carbonate) 37.5 mg
Zinc (zinc citrate) 1.75 mg
Selenium (selenium HVP♦ chelate/
sodium selenite) 12.5 mcg
Manganese (manganese sulfate
monohydrate) 1.25 mg
Chromium (chromium nicotinate
glycinate chelate) 12.5 mcg
Molybdenum (molybdenum HVP♦ chelate) 25 mcg
Potassium (potassium carbonate) 25 mg
L-Aspartic Acid 6 mg
Vanadium (vanadium HVP♦ chelate) 25 mcg
♦ Hydrolyzed vegetable (rice/soy) protein

Non-Medicinal Ingredients: Silica, citric acid

Recommended Adult Dose: Add water or juice to ¼ teaspoon of Scorbatate and mix. Take once daily with a meal, a few hours before or after taking other medications, or as recommended by your healthcare practitioner.

Risk Information: If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use.

170 g

C1000

VITAMIN SUPPLEMENT



C1000 provides 1000 mg of vitamin C and a wide range of bioflavonoids.

Each Tablet Contains:

Vitamin C (ascorbic acid)	1000 mg
Rose (<i>Rosa canina</i>) Hips	50 mg
Hesperidin (from <i>Citrus limon/aurantium</i> pith/peel)	25 mg
Quercetin	25 mg
Rutin	25 mg

Non-Medicinal Ingredients: Microcrystalline cellulose, silica, croscarmellose sodium, magnesium stearate, pharmaceutical glaze

Recommended Adult Dose: Take one tablet two times daily with meals, or as recommended by your healthcare practitioner.

Risk Information: None known.

60 Tablets

120 Tablets

TIM

VITAMIN-MINERAL SUPPLEMENT



TIM combines vitamins and nutrients with glandular tissues, which are high in biologically active proteins and nucleic acids. It is formulated to specifically support and maintain a healthy immune system, including helping in wound healing. The spleen is traditionally used to help with infections. The adrenal gland is traditionally used to help with fatigue. The lymph is traditionally used for immune support.

Each Tablet Contains:

Vitamin A (vitamin A palmitate)	2250 mcg RAE / 7500 IU
Vitamin C (ascorbic acid)	100 mg
Vitamin E (d-alpha tocopheryl succinate)	34 mg AT / 50 IU
Zinc (zinc aspartate)	10 mg
Spleen ♦	40 mg
Thymus ▲	40 mg
Adrenal ♦	40 mg
Lymph ♦	40 mg
Placenta ♦	25 mg
Bone Marrow ■	20 mg
Bee Pollen	25 mg
♦ Freeze-dried from bovine	
▲ Freeze-dried from ovine	
■ Freeze-dried from porcine	

Non-Medicinal Ingredients: Calcium phosphate (1:1), microcrystalline cellulose, croscarmellose sodium, magnesium stearate, silica, pharmaceutical glaze

Recommended Adult Dose: Take one tablet daily with a meal, or as recommended by your healthcare practitioner.

Risk Information: None known.

60 Tablets

120 Tablets

HMF Intensive

PROBIOTIC FORMULA



HMF Intensive contains 24 billion CFU of clinically-proven, human-strain probiotic bacteria. These are proprietary strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Bifidobacterium lactis*, all of which have strong epithelial adherence and naturally high tolerance to acid.

Each Capsule Contains:

<i>Lactobacillus acidophilus</i> (CUL60)	9 billion CFU
<i>Lactobacillus acidophilus</i> (CUL21)	9 billion CFU
<i>Bifidobacterium bifidum</i> (CUL20)	3 billion CFU
<i>Bifidobacterium lactis</i> (CUL34)	3 billion CFU

Non-Medicinal Ingredients: Microcrystalline cellulose, hypromellose

Recommended Adult Dose: Take one capsule daily with a meal, or as recommended by your healthcare practitioner.

Risk Information: If you are experiencing nausea, fever, vomiting, bloody diarrhoea or severe abdominal pain; or if you have an immune-compromised condition, do not use. If symptoms of digestive upset occur, worsen or persist beyond three days, discontinue use and consult your healthcare practitioner.

30 Vegetable Capsules



Muco coccinum

HOMEOPATHIC PREPARATION



Muco coccinum is a clinically-proven homeopathic preparation of bacterial and viral fractions, formulated to stimulate the body's own defenses in order to combat influenza.

Each Tablet Contains:

<i>Influenzinum</i> (Influenza vaccine)	200K
<i>Klebsiella pneumoniae</i> K2	200K
<i>Branhamella catarrhalis</i>	200K
<i>Micrococcus tetragenes</i>	200K

Non-Medicinal Ingredients: Xylitol, lactose, carboxymethylcellulose, magnesium stearate

Recommended Dose:

The recommended dose must be adapted according to case: Take a tablet as early as possible. If necessary, repeat two to three times during the day.

Generally: Take a tablet in the morning and in the evening during 2 to 3 days.

Preventive: Take a tablet every 2 weeks, starting early in autumn and proceeding during the winter period.

Directions for use: Press the tablet out of the blister and put it on the tongue, don't swallow but let it melt slowly without crushing.

For little children: Crush the tablet, dissolve it in a bit of slightly mineralize water and administer with a spoon or nursing-bottle.

The fabrication method allows to touch the tablet with the fingers, without influencing the quality of the homeopathic medicine.

Risk Information: If symptoms persist or worsen, consult a healthcare practitioner. If you are pregnant or breastfeeding do not use, unless directed by your healthcare practitioner. It is not advisable to consume products containing mint or to smoke 1/4 hour before or after taking homeopathic medicine.

10 Tablets

Angiplex

HOMEOPATHIC PREPARATION



Angiplex contains synergistic homeopathic ingredients, specifically formulated to alleviate the symptoms associated with sore throats and swollen lymph nodes.⁷ Sore throats can be caused by postnasal drip from allergies, airborne irritants and environmental conditions, and are often the first symptoms of an approaching cold or flu caused by viral or bacterial infections. Individuals with poor immune system function, due to nutrient deficiencies, food sensitivities and stress, have an increased susceptibility to the onset of a sore throat. Angiplex is a homeopathic remedy to relieve symptoms associated with allergy such as sore throat and congestion.

Each Tablet Contains:

<i>Aconitum napellus</i> (Aconite) Whole plant	8X
<i>Apis mellifica</i> (Honeybee) Whole insect	8X
<i>Arum triphyllum</i> (Indian turnip) Root	4X
<i>Belladonna</i> (Deadly nightshade) Whole plant	8X
<i>Kali bichromicum</i> (Potassium bichromate)	10X
<i>Lachesis mutus</i> (Bushmaster) Venom	10X
<i>Mercurius solubilis</i> (Hahnemann's soluble mercury)	10X
<i>Phytolacca decandra</i> (Pokeweed) Root	8X

Non-Medicinal Ingredients: Xylitol, lactose, carboxymethylcellulose, magnesium stearate

Recommended Dose:

Adults and Children (12 years and older): Take 1 to 4 tablets one to four times daily, or as recommended by your healthcare practitioner.

Children (6-11 years): Take 1 to 3 tablets one to four times daily, or as recommended by your healthcare practitioner.

Children (1-5 years): Take 1/2 to 3 tablets one to three times daily, or as recommended by your healthcare practitioner.

Infants 0-11 months: Take 1/2 to 3 tablets one to two times daily, or as recommended by your healthcare practitioner. For children 0-2 years old, dissolve tablet in a small amount of water.

Acute Dosing: Take every 15-60 min. (up to 12 times per day) or until symptoms improve, then resume general dosing.

Risk Information: If symptoms persist or worsen, consult your healthcare practitioner. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use.

30 Tablets

Febriplex

HOMEOPATHIC PREPARATION



Febriplex is a unique homeopathic preparation specifically formulated to be used during febrile conditions.^{8,9} Fevers reflect elevations of body temperature above normal values. The emergence of a fever is commonly due to viral or bacterial infections, as well as non-infectious factors such as allergic reactions, physiological stresses, inflammation or trauma. In many instances, a fever is a normal response. It typically indicates the body's attempt at dealing with the illness at hand and it should not be suppressed unless it is too high. Febriplex follows and supports the pathology of a fever, while encouraging the body's natural reaction. Febriplex sublingual tablets are a homeopathic remedy used to relieve symptoms associated with colds such as fever and pain. For the best effects, Febriplex should be taken at the early onset of the fever.¹⁰

Each Tablet Contains:

<i>Aconitum napellus</i> (Aconite) Whole plant	6X
<i>Arnica montana</i> (Leopard's bane) Whole plant	8X
<i>Eupatorium perfoliatum</i> (Boneset) Aerial flowering parts	10X
<i>Belladonna</i> (Deadly nightshade) Whole plant	8X
<i>Gelsemium sempervirens</i> (Yellow jessamine) Root	12X
<i>Mercurius solubilis</i> (Hahnemann's soluble mercury)	10X
<i>Rhus toxicodendron</i> (Poison ivy) Leaves	8X

Non-Medicinal Ingredients: Xylitol, lactose, carboxymethylcellulose, magnesium stearate

Recommended Dose:

Adults and Children (12 years and older): Take 1 to 4 tablets one to four times daily, or as recommended by your healthcare practitioner.

Children (6-11 years): Take 1 to 3 tablets one to four times daily, or as recommended by your healthcare practitioner.

Children (1-5 years): Take 1/2 to 3 tablets one to three times daily, or as recommended by your healthcare practitioner.

Infants 0-11 months: Take 1/2 to 3 tablets one to two times daily, or as recommended by your healthcare practitioner. For children 0-2 years old, dissolve tablet in a small amount of water.

Acute Dosing: Take every 15-60 min. (up to 12 times per day) or until symptoms improve, then resume general dosing.

Risk Information: If symptoms persist or worsen, consult your healthcare practitioner. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use.

30 Tablets

Drosera Plex

HOMEOPATHIC PREPARATION



Drosera Plex is a synergistic homeopathic preparation specifically formulated to target spasmodic coughs.^{11, 12} Coughs can be caused by many factors including viral or bacterial infections, as well as exposure to irritants such as smoke or noxious fumes. The action of coughing helps to expel materials from the airways in order to protect the lungs from aspiration. Cough suppressions can be damaging to the system, especially in causes where irritant levels in the respiratory tract are high or when the respiratory tract becomes infected. Drosera Plex is indicated for healing all types of coughs due to catarrh and respiratory inflammation¹³ and is an excellent adjunct to Drosera Plex Syrup.

Each Drop Contains:

- Drosera rotundifolia* (Sundew) whole plant6X
- Arnica montana* (Leopard's bane) underground parts6X
- Atropa belladonna* (Deadly nightshade) whole plant6X
- Artemisia cina* (Wormseed) flowerhead6X
- Coccus cacti* (Cochineal) dried female6X
- Corallium rubrum* (Red coral)6X
- Cuprum metallicum* (Copper)6X
- Ferrum phosphoricum* (Ferrous phosphate)6X
- Ipecacuanha* (Ipecac) Root and rhizome6X
- Solidago virgaurea* (Goldenrod) Flowering tops2X

Non-Medicinal Ingredients: Ethanol, purified water

Recommended Dose:

Adults and Children (12 years and older): Take 10 to 30 drops one to three times daily, or as recommended by your healthcare practitioner.
Children (6-11 years): Take 5 to 15 drops one to three times daily, or as recommended by your healthcare practitioner.
Children (1-5 years): Take 5 to 10 drops one to three times daily, or as recommended by your healthcare practitioner.
Infants (0-11 months): Take 1 to 5 drops one to three times daily, or as recommended by your healthcare practitioner.
Acute Dosing: Take every 15 to 60 minutes (up to 12 times per day) or until symptoms improve, then resume general dosing.
Risk Information: If symptoms persist or worsen, consult your healthcare practitioner. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use.

30 ml

Drosera Plex Cough Syrup



Drosera Plex Cough Syrup is an excellent non-suppressive cough formulation containing synergistic botanicals, specifically combined for their affinity of the respiratory tract. Drosera Plex Cough Syrup helps to loosen and relax the respiratory tract,¹⁴ thereby allowing for the secretion of phlegm and mucous.^{15, 16} It is also an excellent adjunct to Drosera Plex Drops.

Each Dose Contains:

- Adiantum capillus-veneris* Whole plant MT
- Drosera* (Sundew) Whole plant MT
- Ipecacuanha* (Ipecac) Rhizome and root MT
- Hyssopus officinalis* (Hyssop) Whole plant MT
- Origanum vulgare* (Oregano) Aerial parts MT
- Papaver rhoeas* (Corn Poppy) Flower Liquid extract 0.4 g
- Sulphur (Sublimed sulfur) 6X
- Rumex crispus* (Yellow dock) Underground parts 8X
- Pulsatilla* (Wind flower) Whole plant 6X
- Spongia tosta* (Roasted sponge) 8X
- Hyoscyamus niger* (Henbane) Whole plant 8X
- Lachesis mutus* (Bushmaster) Venom 8X

Non-Medicinal Ingredients: Ethanol, purified water, sucrose

Recommended Dose:

Adults and Children (12 years and older): Take 1 to 2 teaspoons every 4-6 hours, or as recommended by your healthcare practitioner.

Risk Information: If symptoms persist or worsen, consult your healthcare practitioner. If you are taking sedatives or if you are pregnant or breastfeeding, consult your healthcare practitioner prior to use.

180 ml

Echinasyr

HOMEOPATHIC REMEDY



Echinasyr is a preparation that contains *Echinacea purpurea* along with *Ribes nigrum* and *Rubus idaeus*. Echinacea is traditionally used in homeopathy for fever, sepsis, inflammations and is an "internal antiseptic" acting on the lymphatic system.¹⁷ This natural-berry flavoured formula is ideal for children.

Each Drop Contains:

Echinacea purpurea (Purple cone-flower) Whole plant MT

Non-Medicinal Ingredients: Sorbitol, glycerin, purified water, *Rubus idaea*, *Ribes nigrum*, grape skin extract, benzoic acid, ammonium glycyrrhizinate, citric acid

Recommended Dose:

Adults and children (12 years and older): Take 1 to 2 teaspoons every 4-6 hours, or as recommended by your healthcare practitioner.

Children (1-11 years): Take 1/2 to 1 teaspoon one to three times daily, or as recommended by your healthcare practitioner.

Infants (0-11 months): Take 1/2 a teaspoon one to three times daily, or as recommended by your healthcare practitioner.

Risk Information: If symptoms persist or worsen, consult your healthcare practitioner. If you are pregnant or breastfeeding, consult your healthcare practitioner prior to use.

125 ml

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HLC immunobiotics

ADVANCED ENERGY AND IMMUNE SUPPORT

Enhanced immune support

Supports immunity with zinc and echinacea. Enhances antioxidant levels with vitamin C and CoQ10.

Increased energy support

Increase energy levels with B-complex vitamins.¹ Promote endurance with guaraná.^{2,3}

High potency probiotic to optimize intestinal health

Probiotic strains are research-driven and clinically proven in randomized, double-blind, placebo-controlled human trials at 25 billion CFU.[†] Unique manufacturing process helps maintain high potency probiotic stability in combination with the complex nutrient blend.



HLC immunobiotics is a unique combination of probiotics and nutrients that provides broad-spectrum support to the immune system as well as helps to bolster energy levels. Can be used at any time of the day, but is most effective when taken in the morning.

Scientific Rationale:

- Vitamin C and zinc support immune function.^{4,5}
- Vitamin D and beta-glucan demonstrate immunological activity.^{6,7}
- Guarana extract can temporarily promote alertness and wakefulness, enhance cognitive performance, relieve fatigue, promote endurance, and enhance motor performance.⁸
- Echinacea, elderberry and propolis help support immune function.^{9, 10, 11, 12, 13}

Seroyal research-driven probiotic therapies:

- Clinically proven in randomized, double-blind, placebo-controlled human trials at 25 billion CFU[†]
 - Reduces symptoms of Irritable Bowel Syndrome (IBS)¹⁴
 - Prevents intestinal microflora disruption post-antibiotics^{15, 16}
 - Reduces the incidence of *C. difficile* associated diarrhea¹⁷
- Proprietary non-pathogenic human-sourced microflora bacterial strains
 - Strong epithelial adherence
 - Naturally high tolerance to stomach acid
- Ambient-Safe
 - Manufacturing allows for ambient temperature (20-25°C) storage and 2 year shelf-life without compromising product stability and still meet or exceed label claims



EACH CAPSULE CONTAINS:

Vitamin C (ascorbic acid)	125 mg	Guaraná (<i>Paullinia cupana</i>) seed	
Vitamin D (cholecalciferol)	12.5 mcg / 500 IU	std. extract (1% caffeine)	70 mg
Thiamine (thiamine mononitrate)	4.2 mg	Yeast (<i>Saccharomyces cerevisiae</i>)	
Riboflavin	4.8 mg	std. extract (70% beta-1,3-glucans) ...	60 mg
Niacinamide	18 mg	European elder (<i>Sambucus nigra</i>)	
Vitamin B ₆ (pyridoxine hydrochloride) ...	6 mg	fruit juice powder	75 mg
Folate (folic acid)	400 mcg	(equivalent to 0.45 ml fruit juice /	
Vitamin B ₁₂ (cyanocobalamin)	10 mcg	525 mg fresh fruit)	
Biotin	200 mcg	Echinacea (<i>Echinacea purpurea</i>) root	
Pantothenic acid (calcium D-pantothenate)	12 mg	std. extract (4% echinacosides)	40 mg
Zinc (zinc citrate)	7.5 mg	Propolis resin (from honey bee hive) ...	30 mg
Selenium (sodium selenite)	100 mcg	HLC Consortium	12.5 billion CFU
Coenzyme Q ₁₀ (yeast fermentation)	30 mg	<i>Lactobacillus acidophilus</i> (CUL-60)	
		<i>Lactobacillus acidophilus</i> (CUL-21)	
		<i>Bifidobacterium bifidum</i> (CUL-20)	
		<i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34)	

Non-Medicinal Ingredients: Hypromellose, microcrystalline cellulose, silica, vegetable magnesium stearate

Recommended adult intake: One capsule taken two times daily with meals, a few hours before or after taking other medications, or as professionally directed.

Risk information: If you are experiencing nausea, fever, vomiting, bloody diarrhoea or severe abdominal pain; if you have an immune-compromised condition; or if you are allergic to plants of the Asteraceae/Compositae/Daisy family, do not use. If you are pregnant or breastfeeding or if you are allergic to bee products, poplar tree products or balsam of Peru, consult your healthcare practitioner prior to use. If you have a progressive systemic disease such as tuberculosis, leukosis, calcinosis or multiple sclerosis; if you have high blood pressure, glaucoma and/or detrusor instability; or if you have a history of non-melanoma skin cancer, consult your healthcare practitioner prior to use. If you are taking lithium, immunosuppressants or blood pressure medication, consult your healthcare practitioner prior to use. Consumption with other caffeine-containing products or with natural health products or drugs which increase blood pressure is not recommended. If symptoms of digestive upset occur, worsen or persist beyond three days, discontinue use and consult your healthcare practitioner. Hypersensitivity/allergy is known to occur; in which case, discontinue use.

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[†] Based on *Lactobacillus acidophilus* and *Bifidobacterium bifidum* containing formulas

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